

Trauma-Informed Approaches

Undergraduate Certificate

Trauma impacts individuals, families and communities in many ways and on many levels. Caring professionals without appropriate training in trauma and its effects may actually worsen trauma-related issues. Be part of the solution — learn about the impact of trauma on clients, co-workers, friends, family and even yourself — and become a trauma-informed professional.

Course Requirements (9 credits)

Prerequisites may be required. Visit the program page for details.

- PSY 420** Introduction to Trauma-Informed Approaches
- PSY 421** Trauma and Self-Care
- PSY 422** Practical Implications of Trauma-Informed Approaches

Core Electives (6 credits)

Choose two courses from a list of more than 40 electives! A complete list of approved elective courses is available online at wilmu.edu/BehavioralScience/Trauma-Informed-Certificate-Curriculum.aspx and includes courses in:

- Criminal Justice
- Education
- Health Care
- Organizational Dynamics
- Psychology
- Sociology
- Human Development

Related Programs:

- BS in Behavioral Science
- BS in Education Studies (K-6 or Middle Level Education)
- BS in Psychology
- BS in Organizational Leadership

Get started today at wilmu.edu/Certificates.



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