

Trauma and Resilience

Graduate Certificate

Help individuals, communities and organizations build the power of resilience. Perfect for any profession, this certificate program teaches the skills necessary for introducing trauma-informed approaches to your work and addressing the impact of trauma on people, communities and organizations. Expert practitioners will teach you to use a trauma-informed lens to support prevention, resilience and recovery in a variety of professions.

Core Trauma and Resilience Course Requirements (for all students, regardless of discipline — 9 credits)

Prerequisites may be required. Visit the program page for details.

- PSY 6100** Trauma and the Brain
- PSY 6200** Resilience and Self-Care
- PSY 6300** Leadership in Trauma-Informed Approaches

CSBS Electives (6 credits) Choose two (2) from the following:

- AFM 6630** Family Dynamics
- AFM 6640** Families and Crisis
- AFM 6650** Family Resource Management
- AHS 7640** Social Policy, Advocacy and Human Services
- AHS 7650** Managing Children and Family Services
- AHS 7655** Principles of Creating a Human Service Organization
- AHS 7670** Alcohol and Other Drugs Program Management
- MAJ 6611** Victimology
- MAJ 6613** Mental Health and the Law
- MAJ 6614** Addiction Studies
- MAJ 6615** Therapeutic Strategies for Criminal Justice Offenders
- MCC 8063** Mindfulness-Based Counseling
- SOC 6620** Human Behavior and Human Systems

COELA Electives* (6 credits) Choose two (2) from the following:

- MED 6801** Building a Responsive Classroom
(required for Master of Education students)
- MEC 6607** Ethical Issues in School Counseling
- MEC 7501** Family Counseling
- MEC 7502** The Counselor and Consultant
- MEC 8015** Mental Health Seminar

*COELA students can also take any electives within their program.

COHPNS Electives (6 credits) Choose two (2) from the following:

- MSN 6646** Philosophy and Ethics in Advanced Nursing Roles
- MSN 7350** Forensic Nursing: Clinical and Legal Implications

Get started today at wilmu.edu/Certificates.

WilmU and Dual-Credit ADVANTAGE are registered trademarks of Wilmington University.
All rights reserved. © Wilmington University 2024 | SBS-108 R3 10/24



Dual-Credit ADVANTAGE™

SAVE TIME & TUITION

Earn a certificate AND get credit toward a degree at the same time. Through Dual-Credit ADVANTAGE™, you can go further, faster, by applying credits to multiple degree and certificate programs, without extra time or tuition cost.

- ✓ Build your resume with sought-after credentials.
- ✓ Learn from experienced industry professionals.
- ✓ Accelerate your education while saving time and tuition.

What sets us apart:

- Job Market Relevance
- Affordable Tuition
- Degree Program Alignment
- Expert Faculty



WILMINGTON
UNIVERSITY™

SOCIAL & BEHAVIORAL SCIENCES