

# Bachelor of Science in Psychology



## Explore Human Behavior and Thought

Wilmington University's bachelor's degree in psychology provides excellent preparation for a career in human services, community relations or mental health care, or to continue on to graduate-level study. In-depth study of the brain and behavior combine with skill-building in analytic reasoning, problem-solving, statistics and interpersonal relations.



### Content-Rich Psychology Degree With Trauma-Informed Approach

Not all psychology degree holders become psychologists — the degree is applicable to careers in many fields. WilmU's BS in Psychology places an emphasis on complex interpersonal dynamics and the trauma-informed approach. This well-rounded degree prepares students for the challenges they will face in their workplace, in their families and within their communities.



### A Psychology Degree With Admission Guaranteed

Offered in person or 100% online, the WilmU BS in Psychology is designed to provide optimum flexibility and affordability for busy people. All WilmU students benefit from low tuition rates. Plus, admission is guaranteed — with no SAT required.



### Dual-Credit ADVANTAGE™ Program

You can use elective courses in this bachelor's degree program to complete a related Dual-Credit Certificate® while you earn your degree or accelerate into your next degree by incorporating master's-level coursework — at no extra tuition cost.

You might consider an accelerated pathway bridging the BS in Psychology with WilmU's MS in Applied Family Science degree, which provides master's-level training in both the generation of research-based knowledge and its translation into effective programs and policies to positively impact the well-being of children, youth and families.

Get started today at [wilmu.edu/Apply](https://wilmu.edu/Apply).



**40 courses | 120 total credits**  
Required courses and total credits vary based on degree selection.

**\$1,257**  
per course

Cost of a typical 3-credit course



Classes start every  
8 weeks.



**WILMINGTON**  
UNIVERSITY™

SOCIAL & BEHAVIORAL SCIENCES

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## General Education Requirements (40 credits)

<input type="checkbox"/> CTA 206 Computer Applications	<input type="checkbox"/> MAT 205 Introductory Survey of Mathematics
<input type="checkbox"/> ECO 105 Fundamentals of Economics	<input type="checkbox"/> PHI 100 Introduction to Critical Thinking
<input type="checkbox"/> ENG 121 English Composition I	<input type="checkbox"/> PHI 302 Ethics and Values in Behavioral Science
<input type="checkbox"/> ENG 122 English Composition II	<input type="checkbox"/> SOC 101 Introduction to Sociology
<input type="checkbox"/> ENG 131 Public Speaking	<input type="checkbox"/> HIS 381 Contemporary Global Issues OR <input type="checkbox"/> POL 300 American Politics
<input type="checkbox"/> ENG 310 Research Writing	<input type="checkbox"/> BIO 253 Anatomy and Physiology I (With Lab) OR <input type="checkbox"/> SCI 335 Human Anatomy and Physiology (With Lab)
<input type="checkbox"/> Humanities Elective (3 credits)	

## Psychology Core (42 credits)

<input type="checkbox"/> MAT 308 Inferential Statistics ✓	<input type="checkbox"/> PSY 340 Research Methods in Psychology ✓
<input type="checkbox"/> PSY 101 Introduction to Psychology	<input type="checkbox"/> PSY 351 Learning and Cognition ✓
<input type="checkbox"/> PSY 300 Theories of Personality ✓	<input type="checkbox"/> PSY 420 Introduction to Trauma-Informed Approaches ✓
<input type="checkbox"/> PSY 301 Social Psychology ✓	<input type="checkbox"/> PSY 409 Seminar in Psychology ✓
<input type="checkbox"/> PSY 305 Abnormal Psychology ✓	<input type="checkbox"/> PSY 490 Internship in Behavioral Science (Psychology Majors) OR <input type="checkbox"/> ORG 304 Survey of Human Dynamics
<input type="checkbox"/> PSY 324 Applying Psychology in Professional Contexts ✓	<input type="checkbox"/> PSY 452 Multicultural Psychology ✓
<input type="checkbox"/> PSY 334 The Biological Basis of Behavior ✓	
<b>Choose one of the following developmental courses: ✓</b>	
<input type="checkbox"/> PSY 329 Lifespan Development	<input type="checkbox"/> PSY 336 Child Development
<input type="checkbox"/> PSY 330 Infant and Toddler Development	<input type="checkbox"/> PSY 401 Adult Development and Aging
<input type="checkbox"/> PSY 332 Adolescent Development	

## Major Electives (18 credits)

Six courses beginning with the prefix PSY.

## Free Electives (20 credits)\*

Learn more at: [wilmu.edu/BehavioralScience/Psychology-Curriculum.aspx](http://wilmu.edu/BehavioralScience/Psychology-Curriculum.aspx)

\* Psychology majors are strongly encouraged to take PSY 490 - PSY 494 (Internship) as part of their psychology core electives or as free electives. Also, PSY 290 - PSY 291 (Guided Practicum) is available. Students with fewer than 16 transfer credits are required to take FYE 101 as one of their electives.



Through **Dual-Credit ADVANTAGE™**, you can use elective courses in this bachelor's degree program to complete a related Dual-Credit Certificate® while you earn your degree or accelerate into your next degree by incorporating master's level coursework — at no extra tuition cost. Learn more at [wilmu.edu/DualCredit](http://wilmu.edu/DualCredit).

### Related Dual-Credit Certificates:

- Child Advocacy Studies
- Family Science
- Human Trafficking Awareness
- Trauma-Informed Approaches

### Already have an associate degree?

A WilmU completion degree provides just the courses you need to earn your bachelor's degree.

Look for the ✓ to see typical completion degree courses.

*Prerequisite and additional courses not listed here may be required.*

### Have questions? We're here to help!

Academic Recruiters

(302) 213-3916

[recruiting@wilmu.edu](mailto:recruiting@wilmu.edu)

Get Started Today!  
[wilmu.edu/Apply](http://wilmu.edu/Apply)



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## Children and Families Concentration (9 Credits)

<input type="checkbox"/> PSY 319 Family Systems	<input type="checkbox"/> PSY 454 Children and Families in Context <i>OR</i>
<input type="checkbox"/> PSY 453 Families and Crisis	<input type="checkbox"/> PSY 455 Adolescents, Adults and Families in Context

### Choose one of the following electives:

<input type="checkbox"/> PSY 329 Lifespan Development	<input type="checkbox"/> PSY 499 Internship in Family Science
<input type="checkbox"/> PSY 330 Infant and Toddler Development	<input type="checkbox"/> SOC 302 Marriage and the Family
<input type="checkbox"/> PSY 332 Adolescent Development	<input type="checkbox"/> SOC 311 Parenting Perspectives
<input type="checkbox"/> PSY 336 Child Development	<input type="checkbox"/> SOC 425 Child Abuse: Recognition and Investigation
<input type="checkbox"/> PSY 401 Adult Development and Aging	<input type="checkbox"/> SOC 469 Stepparenting & Blended Families

## Mental Health and Wellness Concentration (12 Credits)

PSY 418 Mental Health and Wellness

### Choose three of the following electives:

<input type="checkbox"/> PSY 304 Survey of Human Dynamics	<input type="checkbox"/> PSY 483 Addictive Behavior
<input type="checkbox"/> PSY 412 Crisis Intervention	<input type="checkbox"/> PSY 484 Losses and Grief Journey
<input type="checkbox"/> PSY 417 Mindfulness-Based Wellness	<input type="checkbox"/> PSY 490 Internship in Behavioral Science (Psychology Majors)
<input type="checkbox"/> PSY 421 Trauma and Self-Care	<input type="checkbox"/> SOC 317 Applied Emotional Intelligence
<input type="checkbox"/> PSY 451 Health Psychology	

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